

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ON

COURSE OUTLINE

COURSE TITLE: FAMILY DYNAMICS I

CODE NO.: CCW504

SEMESTER: FIVE 90F

PROGRAM: CHILD AND YOUTH WORKER

AUTHOR: JOHN ESPOSTI

DATE: SEPTEMBER, 1990

PREVIOUS OUTLINE DATED: SEPTEMBER, 1989

APPROVED: _____
DEAN

H. DeSario

DATE

Aug 28/90

FAMILY DYNAMICS I

CCW 504-3

Course Title

Course No.

Instructor: John Esposti

Time: Tuesdays 9:30 - 12:30

Location: Room E313

Start Date: September 4, 1990

Pre-Requisite: CCW 117 & CCW 224

COURSE DESCRIPTION

The structure of the Family Dynamics course is designed to separate out what needs to be learned from what needs to be experienced. Students must begin to think in a new way about family behaviour and at the same time, learn how to use themselves as "professionals" in a special way.

Family Dynamics I will deal with understanding family systems theory. The content will emphasize the use of systems theory as a way of organizing knowledge about human behaviour. Other major concepts to be presented and explored will deal with the family's development, history, and communication. Also, an examination into both healthy and dysfunctional families will begin.

COURSE OBJECTIVES

The student will be able to:

1. discuss the principles underlying family systems theory.
2. list the stages of family development and how this relates to working with families.
3. discuss the significance of family history and culture.
4. discuss the kinds of family communication that signal healthy and unhealthy family functioning.
5. develop beginning skills in assessing and working with families.

COURSE REQUIREMENTS

The course requirements for Family Dynamics I include:

- a) reading of text and other materials as required.
- b) regular class attendance (80% attendance is **compulsory**).
- c) participate in "Practice Skill Labs"
- d) complete a test

FAMILY DYNAMICS I

CCW 504-3

Course Title

Course No.

CLASS SCHEDULE

September: 4/11/18/25
October: 2/9/16/23/26
November: 6/13/20/27
December: 6/13/20

REQUIRED STUDENT RESOURCES

Text: L.L'Abate, G. Ganahl, J. Hansen, Methods of Family Therapy

Readings: Students will be required to read the assigned chapters prior to the class.

METHODS OF EVALUATION

Lab I 25%
Lab II 25%
Test 50%
(Due Date: T.B.A.)

COLLEGE GRADING SYSTEM

90 - 100% = A+
80 - 89% = A
70 - 79% = B
60 - 69% = C
Below 60 = R (Repeat Course)

COURSE OUTLINE SUPPLEMENT

CCW504-FAMILY DYNAMICS I

Sept.	4	Registration
	11	Introduction & Family Health
	18	Theory I
	25	Theory II
Oct.	2	Family Development
	9	Family History
	16	Family Communication
	23	Family Assessment
	26	Lab I
Nov.	6	Process of Change I
	13	Process of Change II
	20	Process of Growth I
	27	Process of Growth II
Dec.	6	Lab II
	13	Review
	20	Test